



June 2017 News

Dear NAMI Members,

Here is what is coming up for NAMI Santa Fe in June and beyond! If you have any questions or comments, please email them to info@namisantafe.org, or call [505-466-1668](tel:505-466-1668). Also remember to visit our website: namisantafe.org.

Attend our June 12th Information Meeting on
Mental Health Legislation from the Past New
Mexico Legislative Session



Presenter/Topic: Betty Shover and Jim Ogle will speak about legislation that is of vital importance to our mental health community.

Date/Time: June 12, 5:30–7 pm

Location: Presbyterian Urgent Care, Community Room, 424 St. Michael's Drive, Santa Fe, NM 87505



County Commission Votes on GRT Increases for the Voter Approved Crisis Triage Center: Please let your Voice Heard on June 27th!

Recently the county commission voted to delay deciding two GRT increases, one that includes support for behavioral health and operational funds for the voter-approved Crisis Triage Center. Behavioral health includes substance use disorder and mental illness.

Former Commissioner Chavez, a detention facility official, and Tom Starke spoke in favor of the behavioral health increase. A few public safety officers spoke in favor of that part of the increase that would hire additional public safety professionals. Three people spoke against the increase. They argued the county should meet its needs through efficiency instead of tax increases. They also questioned whether the County would spend the money as intended. There was also concern about not meeting with the City first, and confusion as to whether the non-behavioral health GRT increase would be subject to a voter referendum.

When the County summarized the 1/8th percent GRT increase (including behavioral health), they said \$1.5 million of the \$4.6 million increase would be allocated to operating the Crisis Triage Center.

It is possible that these funds for behavioral health were delayed until the June 27th BCC meeting because members of the behavioral health community and families affected by behavioral illnesses did not come forward and speak in support of the increase. If behavioral health advocates don't come forward at the June 27th public hearing, we won't have a County Crisis Triage Center and County elected officials will receive a clear message that Santa Fe doesn't have urgent, unmet behavioral health needs.

Please let your voice be heard on June 27th.



NAMI Connection Recovery Support Group adds Meeting Group Times to their Schedule

NAMI Connection is a recovery support group program for adults living with mental illness. This group provides a place that offers respect, understanding, encouragement, and hope.

Each group meets weekly for 90 minutes, is offered free of charge, and follows a flexible structure without an educational format. All groups are confidential so that participants can share as much or as little personal information as they wish.

Who can attend a NAMI Connection Recovery Support Group?

Support groups are open to all adults with mental illness, regardless of diagnosis. Participants should feel welcome to drop by and share feelings, difficulties, or successes.

NAMI Santa Fe Support Group Locations and time:

Tuesday's 6:45-8:00pm

Christus St. Vincent, 455 St. Michaels Dr.

(Atrium Conference room across from the elevators)

Thursday's 3:00-4:15pm

Quaker House, 2098 Calle Ensenada, NW corner of Siringo Rd.

All meetings are 75 minutes in duration and must be 18 or older to attend.



Benefit from Other's Experiences with NAMI's Family Support Group

NAMI Santa Fe's **Family Support Group** is a free, drop-in, peer-led support group for family members, caregivers, and loved ones of individuals living with mental illness. Gain insight from the challenges and successes of others facing similar circumstances.

What You'll Gain

By sharing your experiences in a safe and confidential setting, you gain hope and develop supportive relationships. This group allows your voice to be heard and provides an opportunity for your personal needs to be met. It encourages empathy, productive discussion, and a sense of community. You'll benefit through others' experiences, discover your inner strength, and learn how to identify local resources and how to use them.

How to Attend:

NAMI Santa Fe Offers Two Family Support Groups per Month:

-Time: 1st Monday at 12 noon

Location: The Life Link, La Luna Conference Room, 2325 Cerrillos Road

-Time: 4th Monday at 6 pm

Location: The Life Link, La Luna Conference Room, 2325 Cerrillos Road



NAMI SF is now Taking Names for the Fall Family to Family Class

We are now taking names for the Fall Family to Family Class. If you are interested in taking this course, please contact us at info@namisantafe.org or call 505-466-1668.

Family to Family is a free 12-session educational program for family, significant others, and friends of people living with a mental illness.



The following is a schedule of our
upcoming information meetings.

On the second Monday of every other month NAMI Santa Fe hosts an education meeting open to the general public FREE of charge.

Guest speakers range from the Department of Health and Human Services, to the director of Psychiatry at the County Detention Center, or private practitioners who give us advice of self-care and stress-reduction techniques. Please scroll down to find out about our upcoming information meetings:

Presenter/Topic: Betty Shover and Jim Ogle will speak about legislation that is of vital importance to our mental health community.

Date/Time: June 12, 5:30–7 pm

Location: Presbyterian Urgent Care, Community Room, 424 St. Michael's Drive, Santa Fe, NM 87505

Presenter/Topic: Dr. Merritt Ayad, psychologist, Santa Fe County Detention Facility, will discuss what to expect when someone with mental illness is taken to the Santa Fe County Detention Facility.

Date/Time: July 10

Location: TBA

Presenter/Topic: Jacqueline Williams and Kathy Armijo-Etre of CHRISTUS will discuss Mental Health Care Improvements at CHRISTUS Saint Vincent Medical Center

Date/Time: Sept 11, 2017

Location: TBA

Presenter/Topic: Kate Nash of Molina Healthcare will discuss Medicaid benefits for people with mental illness

Date/Time: October 16, 2017

Location: TBA

Presenter/Topic: Dr. Gerald Russell, Adult Psychiatric Division Director will discuss what families should expect when someone with mental illness is treated at the Behavioral Health Institute in Las Vegas.

Date/Time: November, 13, 2017

Location: TBA



New Membership Structure
Begins in July

The NAMI Board of Directors periodically evaluates NAMI's membership program to ensure that it meets the needs of the organization and its members.

Effective July 1, 2017, the NAMI Board of Directors is adding a Household membership category to our membership structure as well as increasing the dues for Regular and Open Door memberships:

Household Membership \$60

Regular Membership \$40

Open Door Membership \$5

A Household membership will apply to everyone living in a single household whose names are provided to NAMI. Regular and Open Door memberships will continue to apply only to one individual. For voting purposes, each membership (including Household) will be counted as one (1) membership.



Volunteer

NAMI Santa Fe appreciates the hard work of everyone who donates their time to help us continue our effort to help people affected by mental illnesses. If you are interested in volunteering, please contact us.



Who We Are

NAMI Santa Fe is a volunteer-based nonprofit corporation of families, friends, and people with mental illness. We are organized for mutual support, education, and advocacy; and are committed to a comprehensive community support system.